

Mary Minten, PhD, MFT, LCADC, CST
Curriculum Vitae 2019
1005 Forest Street
Reno, NV 89509
Phone: (775) 329-4582 ext 8

Education

PhD in Counseling CACREP-Accredited Program Oregon State University, Corvallis OR	2017
Master of Arts in Transpersonal Counseling Psychology Naropa University, Boulder CO	2007
Post-Graduate Certificate in Marriage and Family Therapy The Colorado School for Family Therapy, Aurora CO	2007
Post-Graduate Certificate in Lesbian, Gay, Bisexual, Transgender Couples and Families, The Colorado School for Family Therapy, Aurora CO	2007
Post-Graduate Certificate in Sex Therapy The Colorado School for Family Therapy, Aurora CO	2006
Bachelor of Arts in Liberal Arts <i>Summa cum Laude</i> , Excelsior College, Albany NY	2003
Honors Diploma with Honors Bishop Manogue Catholic High School Reno, NV	1989

Licenses and Certifications/Extensive Trainings

American Association for Sex Educators, Counselors, and Therapists (AASECT) Certified Sex Therapist	2014-Present
AASECT Continuing Education Provider (# 17-789-M)	2017-2018
Nevada Licensed Marriage and Family Therapist and Supervisor #MFT01135	2009- Present 2014-Present
Nevada Licensed Clinical Alcohol and Drug Counselor #147-LC	2009-Present
Gottman Certified Couple Therapist	2014
Comprehensive Training in Dialectical Behavioral Therapy (DBT)	2012
DBT Family Connections, Trained as group facilitator	2012

EMDR Basic Training	2011
Motivational Interviewing Assessment – Supervisory Tools for Enhancing Proficiency (MIA-STEP) supervisor and trainer	2010
Emotionally Focused Couples Therapy, trained through externship	2009
Motivational Interviewing Trainer of Trainers (MINT) training (and current member)	2008
American Board of Sexologists, Board Certified Clinical Sexologist	2006-2016
Play and art therapy training: including Play Therapy Intensive Training (45 hours with live supervision in experiential play therapy, 2006), family art therapy (30 hours, 2005), play therapy general techniques and methods (30 hours, 2005), art therapy theory, practice, and application (2 academic credits, 2004) and art and empathy (1 academic credit, 2006), additional short CEU trainings, as well as training as a facilitator in Painting from the Source methods (one year program, 2002-2003), and supervised internship hours (2006-2007)	2002-2007
Gestalt Therapy, one year training (6 academic credits)	2004-2005

Professional Affiliations

American Association of Marriage and Family Therapists (AAMFT)	2006-Present
American Association of Sexuality Educators, Counselors, and Therapists (AASECT)	2011-Present
Society for the Scientific Study of Sexuality (SSSS)	
Motivational Interviewing Network of Trainers (MINT)	
WPATH (World Professional Association for Transgender Health)	2009-2018
American Counseling Association (with ACES and ALGBTIC divisions)	2014-2017
American Board of Sexologists	2006-2016

Research

These three studies were single-subject, multiple-probe, and multiple-baseline design using the Marriage Checkup. The Marriage Checkup is an early intervention, based on motivational interviewing principles, aimed to prevent marital distress. Previous research results have only been reported for heterosexual cisgender couples.

- 1) The impact of a relationship wellness check-up on lesbian couples' relationship satisfaction
- 2) The impact of a relationship wellness check-up on gay male couples' relationship satisfaction
- 3) The impact of a relationship wellness check-up on transgender couples' relationship satisfaction

- 4) In addition, collection of six-month follow-up data for all three studies. The follow-up survey provided information on the six-month impact of the checkup on satisfaction. The survey also has questions that will provide some preliminary information on potential additions to the checkup and the use of incentives with LGBTQ couples.
- 5) Master's Degree research project was in program evaluation and involved reviewing all current program evaluation and student assessment tools for meeting CACREP goals and objectives while continuing to reflect Naropa University's unique mission and values.

Related Work Experience

Instructor

Oregon State University

Fall 2018

- Half-time position teaching graduate level courses in hybrid CACREP-accredited Master's in Counseling program

Private Practice – Counseling, Supervision, Research, Teaching

New Leaf Counseling and Consulting, Reno NV

2007 – Present

- Provided individual, group, couple and family counseling for broad range of mental and emotional health concerns
- Provided sex therapy in individual, couple, and group formats
- Ran groups ranging from residential, intensive outpatient, and outpatient levels of care with topics covering sexual health, LGBTQIAP support for individuals, families, and partners; creativity/intuitive process painting; creativity/process painting for individuals with desire concerns; relational health; out of control sexual behavior; co-occurring disorders; LGBT groups for recovery; and more.
- Provided no-cost and low-cost services for transgender individuals and families
- Volunteered support and community advocacy for LGBTQIAP health, particularly transgender health
- Provided no-cost community trainings and continuing education on sexual health, LGBTQIAP health, motivational interviewing, DBT, couples counseling, and other topics
- Offered primary and secondary supervision to MFT-interns and CPC-interns in state licensure process

Instructor

Buehler Institute, Santa Barbara CA

2018-Present

- Co-taught in-person three day workshops as part of the Institute's AASECT-approved certification program in sex therapy

Adjunct Faculty

Saybrook University, Oakland CA

2018

- Taught online human sexuality course

Letter of Appointment Instructor

University of Nevada Reno

2014-2018

- Taught Assessment, Treatment and Case Management of Substance Related Disorders, Emotion and Addiction, Assessment and Diagn

Part Time Counseling Faculty
University of Nevada Reno
2015-2016

- One year appointment position for a faculty member on sabbatical
- Taught Internship, Family Systems, Couples Counseling and Human Development courses
- Provided office hours for MFT counseling students
- Provided guidance as students prepare to apply for state licensure
- Supervised practicum students and interns at the university clinic
- Worked with university clinic director to foster a culture of research in the clinic Services and

Trainings for Washoe County School District (WCSD)
Community Grants

2014-2015 and 2015-2016

200 hours of services for WCSD staff, parents, counselors, teachers, and students after 2013 Sparks Middle School school shooting

- Provided training for school counselors
- Provided individual and family therapy
- Led community trainings for parents and school personnel

Therapist II

Willow Springs, Reno NV

2010– 2013

- Facilitated individual, group and family sessions for adolescents in residential and outpatient Dialectical Behavioral Therapy (DBT) unit
- Led weekly consultation team meetings
- Provided training to milieu staff in DBT skills and coaching
- Assisted with program development and preparation for becoming an accredited DBT program
- Provided sexual health interventions for individuals and groups using DBT skills for adolescents

Addictions and Co-Occurring Disorders Program Coordinator

Family Counseling Services, Reno NV

2009 - 2010

- Managed outpatient and intensive outpatient programs for adults with co-occurring disorders
- Incorporated DBT-informed therapy and Motivational Interviewing into curriculum for groups and individuals
- Provided individual, family and couples counseling for co-occurring disorders
- Offered sexual health groups to individuals in recovery from mental health and substance use disorders
- Created and facilitated family support groups
- Started local LGBTIQ group for recovery

Lead Counselor CORE Program

Family Counseling Services, Reno NV

2007 - 2009

- Ran intensive outpatient groups, three-hour group four days a week, for co-occurring disorders on NNAMHS campus
- Developed curriculum for program for intensive outpatient programs for adults with co-occurring disorders
- Incorporated DBT-informed therapy, Seeking Safety, motivational interviewing and other evidence-based practices into curriculum

- Developed sexual health in recovery modules for curriculum
- Started family days for intensive outpatient program participants to bring and include their family members in their treatment

Therapist

Center for Behavioral Health, Reno NV

2007

- Saw individual clients at opioid maintenance clinic

S.A.F.E. Center Supervisor Volunteer

St.Vrain Family Center, Longmont CO

2005-2006

- Provided safe exchange services for separated and divorced couples to drop off and pick up their children
- Supervised visitation for parents who were court-ordered for supervised-visits only with their children

Nurturing Program Volunteer

Boulder County Social Services, Longmont CO

2005

- Assisted in parent-training classes and in parallel children's activity group

Research Assistant

Naropa University, Boulder CO

2004-2005

- Supported Professor in research and curriculum development for Human Development courses in the Counseling Psychology Program

Human Resources Administrator

Kripalu Center for Yoga and Health, Lenox MA

2000-2003

- Position evaluation, payroll, benefits administration, return to work program for people with disabilities, other duties as determined by director

Volunteer Peer Counselor

Peer Counseling Group, Lenox MA

1995-2000

- Led workshops and groups, and participated in individual peer counseling sessions for general well-being, as well as supporting community advocacy.
- Topics for workshops and groups included basic peer-counseling skills as well as special topics including women, working class, lesbian and gay, and young/emerging adult

Published Articles

Minten, M.J. & Dykeman, C. (November, 2018). The impact of relationship wellness checkups with lesbian couples. *The Family Journal: Counseling and Therapy for Couples and Families* 1-8. DOI: 10.1177/1066480718809429

Minten, M. (Summer, 2013) "Transgender Individuals in Transition," *Nevada Association of Marriage and Family Therapists (NAMFT) Newsletter*

Minten, M. (December, 2012). "The Transgender Experience," *Transformation Magazine*

Minten, M. (2012) "Trans Tells Personal Stories," *Reno Gazette Journal*, June 28, 2012

Minten, M. (Spring, 2012) "Family Meetings Extend the Therapeutic Effect," *NAMFT Newsletter*

Minten, M. (Spring, 2010) "Change Talk," *NAMFT Newsletter*

Minten, M. (2009) "Looking for a Place to Land," *NAMFT Newsletter*

Upcoming – currently in review: Minten, M. & Dykeman, C. (n.d.) "The impact of relationship wellness checkups with gay male couples"

In process: Minten, M. & Dykeman, C. (n.d.) "The impact of relationship wellness checkups with transgender couples"

In process: Minten, M. & Dykeman, C. (n.d.) "Six month follow-up findings with lesbian, gay, and transgender couples and the relationship checkup"

Teaching

University Courses Taught

Upcoming Spring 2019; Graduate-level counseling courses, including practicum II, internship, group counseling, and grief/loss/crisis for students pursuing MA in Counseling; Oregon State University, Salem OR

Practicum I, 2018; Graduate course for students pursuing MA in Counseling; Oregon State University, Salem OR

Human Sexuality, 2018; Graduate course for students pursuing MA in Counseling; Focus on Sexual issues in counseling and sexology perspectives for counselors; Saybrook University, Oakland CA

Emotion and Addiction, 2017; Graduate course for students pursuing MA in Counseling or Human Development/Family Studies; Focus on research on emotion, use of emotion in counseling process, and motivational interviewing skills; University of Nevada-Reno, Reno NV

Assessment and Case Management of Addiction, Summer 2017 and 2018; Undergraduate course for students pursuing certificate in substance use counseling in; Focus on DSM, ASAM, and clinical assessment and clinical writing skills; University of Nevada-Reno, Reno NV

Diagnosis and Assessment, Spring 2017 and Spring 2018; Co-taught graduate course for students pursuing MA in Counseling; Focus on DSM as well as other assessment tools (i.e. Myers Briggs, MMPI, Rorschach, etc.); First interview skills; University of Nevada-Reno, Reno NV

Special Topics in Addiction: Assessment, Treatment and Case Management of Substance Related Disorders, Fall 2014 and 2016; Co-taught graduate course for students pursuing MA in Counseling or Human Development/Family Studies; focus on DSM, ASAM, clinical report writing, treatment planning, and motivational interviewing; University of Nevada-Reno, Reno NV

Theories of Marriage and Family Therapy, Fall 2015; Graduate course for students pursuing MA in Counseling; University of Nevada-Reno, Reno NV

Human Development, Spring 2015; Graduate courses for students pursuing MA in Counseling, Educational Leadership, or Teaching; University of Nevada-Reno, Reno NV

Internship in Marriage and Family Therapy, Fall 2015 and Spring 2016; Graduate courses for students pursuing Master in Counseling; University of Nevada-Reno, Reno NV

Special Topics in Addiction: Emotion and Addiction, 2015; Co-taught graduate course for students pursuing MA in Counseling or Human Development/Family Studies; Focus on research on emotion, use of emotion in counseling process, and motivational interviewing skills; University of Nevada-Reno, Reno NV

Creative Writing, 2006; Co-taught undergraduate creative writing course; Naropa University, Boulder CO

Writing Fundamentals, 2004-2006: Designed and taught writing workshop series for students and faculty; Naropa University, Boulder Colorado

Continuing Education Courses Taught

Upcoming: Repeat of Motivational Interviewing with Adolescents, one-day training, Center for the Application of Substance Abuse Technologies, Reno NV and Las Vegas NV, 2019 (6 CEUs)

Motivational Interviewing Skills Introduction, two-day training, Center for the Application of Substance Abuse Technologies, Reno NV and Las Vegas NV, three in 2016, two in 2017, two scheduled in 2019 (12 CEUs each)

Motivational Interviewing with Adolescents, one-day training, Center for the Application of Substance Abuse Technologies, Reno NV and Las Vegas NV, October 2018 (6 CEUs)

Sex therapy: Assessment, theory, and working with with lesbian, gay, transgender, and genderqueer clients; Buehler Institute, Santa Barbara CA, July 2018 (22 CEUs)

Advanced practice with Transgender and Genderqueer Clients, co-presented with Michael Kuffel; Center for the Application of Substance Abuse Technologies (in-person in Reno NV and live webinar available nationally), May 2018 (6 CEUs)

Motivational Interviewing with Groups, Center for the Application of Substance Abuse Technologies, Reno NV and Las Vegas NV, February 2018 (6 CEUs)

Sexual Health Interventions with Couples, Center for the Application of Substance Abuse Technologies, Reno NV and Las Vegas NV, March 2018(6 CEUs)

Motivational Interviewing Advanced Skills, one-day training, Center for the Application of Substance Abuse Technologies, Reno NV, Two trainings in 2016, one in 2017 (6 CEUs each)

Treating Problems with Pornography, Center for the Application of Substance Abuse Technologies, Reno NV and Las Vegas NV 2017 (6 CEUs)

Sexual Health in Recovery, Center for the Application of Substance Abuse Technologies, Reno NV, and Las Vegas, NV 2014 and 2017 (6 CEUs)

Culturally Competent Behavioral Health Care for LGBTQI Clients, Center for the Application of Substance Abuse Technologies, Reno NV, and Las Vegas, NV 2017 (6 CEUs)

Sex “Addiction:” Diagnosis and Treatment, Center for the Application of Substance Abuse Technologies, Reno NV, and Las Vegas, NV 2017 (6 CEUs)

Substance Abuse Treatment for Lesbian, Gay, Bisexual and Transgender People for the Department of Corrections, Center for the Application of Substance Abuse Technologies, Las Vegas NV, 2017

Creativity in Our Work, fundraiser for MFT Peer Connect, Sage Healing Arts, April 2017

Creativity in Our Work, presentation for Drug and Alcohol Counselors and Interns, Sage Healing Arts, January 2017

Interventions for Sexual Health in Recovery(Existential work, sensate focus, erotic maps, and more), Center for the Application of Substance Abuse Technologies, Reno NV and Las Vegas NV, 2016 (6 CEUs)

Two-day training for MFT licensure interns on assessment and diagnosis, including DSM MSE, and interviewing skills, July 2015

Gottman’s Seven Principles of Making a Marriage Work, a workshop for couples, Unitarian Universalist Church of Northern Nevada, 2014 (offered for CEUs)

Gottman’s Seven Principles of Making a Marriage Work, a workshop for couples, Sage Healing Arts, 2014

Motivational Interviewing Skills Level Two, two-day training, Center for the Application of Substance Abuse Technologies, Reno NV, 2009 (12 CEUs)

Motivational Interviewing Training, co-facilitated series for local clinicians, Reno NV, 2008 (offered for CEUs)

Conference Presentations

Research on relationship wellness checkups with transgender, gay, and lesbian couples: Supporting wellbeing for sexual minority couples; **Society for the Scientific Study of Sexuality**, Montreal, Canada, Brief Presentation, November 2018.

Working With Sexual Concerns: Attending To Ambivalence And Emotion **Society for the Scientific Study of Sexuality**, Montreal, Canada, Continuing Education (one hour), November 2018.

Working Improving Outreach To Gay, Lesbian, Transgender, And Genderqueer Couples: Lessons Learned In Research Promoting Relationship Wellbeing **Society for the Scientific Study of Sexuality**, Montreal, Canada, Poster Presentation, November 2018.

Sex Positive Perspectives On Erotic Transference And Countertransference **Society for the Scientific Study of Sexuality**, Montreal, Canada, Continuing Education (one hour), November 2018.

Detransition and Retransition. Facilitated community panel. **Fifth Annual Transgender Health Conference**, Reno NV, September 2018

Helping our trainees gain knowledge and get comfortable with sexual health topics, **American Counseling Association for Counseling Education and Supervision 2017 Conference**, Chicago, IL, One hour education session, October 2017.

Helping interns and students manage sexual transference and countertransference, **American Counseling Association for Counseling Education and Supervision 2017 Conference**, Chicago, IL, One hour education session, October 2017.

Alliance ruptures and repairs with clients who are different from the therapist, **American Counseling Association 2017 Conference**, San Francisco CA. One hour clinical education session, March 19, 2017, co-facilitated with Edward Ewe.

Relationship Counseling for Transgender Couples, invited speaker; **Fourth Annual Transgender Health Conference**; Reno, NV 2016

Working with LGBTQIAP Families, Couples, and Individuals, invited speaker, **Nevada Association of Marriage and Family Therapists, bi-annual conference**. Six hour clinical education session for the one-day conference, May 17, 2016

Working Effectively and Sensitive with LGBTIQ Clients, invited speaker; **Co-Occurring Disorders and Treatment Conference, Washington State Conference**, Yakima WA, October 12-13, 2015

Sexual Health in Recovery, invited speaker; **Co-Occurring Disorders and Treatment Conference, Washington State Conference**, Yakima WA, October 12-13, 2015

Assessment and Treatment of Children and Adults using WPATH Standards of Care, invited speaker, **Second Annual Transgender Health Conference**; Reno, NV, 2014.

DSM-5, World Path, and Therapeutic SOC, **First Annual Transgender Health Conference**; Reno, NV, 2013

Working with Life Concerns, co-presented with Dr. Christine Aramburu Alegria. **First Annual Transgender Health Conference**; Reno, NV, 2013

Motivational Interviewing Consultation and Supervision

- Individual and group motivational interviewing supervision and practice for interns and clinicians
- Continuing education workshops in motivational interviewing
- Motivational interviewing tape coding of student tapes
- Motivational Interviewing introductory training and skills tape coding, series designed for emergency service personnel and paramedics, Regional Emergency Medical Services Authority (REMSA), Reno NV, 2013
- Motivational Interviewing for Co-Occurring Eating Disorders and Addiction, series designed for Center For Hope Of the Sierras, Reno NV, 2014-2015

Committees

- Committee Member, Counseling and Educational Psychology Advisory Group, University of Nevada Reno, 2017 ongoing

General Consultation

- Started and ran a collective of therapists offering low-cost culturally competent care using World Professional Association of Transgender Health (WPATH) Standards of Care (SOC) for letters for transgender clients called the Standards of Care Collective (SOCC); offered free initial training and ongoing consultation group for the collective; provided letters for as low as \$60 for transgender individuals in the community
- Created and ran an ongoing consultation group for practitioners working in sexual health fields – including educators, therapists, counselors, and researchers
- Offered no-cost consultation for professional clinicians working with LGBTQIAP, polyamorous, kink/BDSM, and other sexual and gender minority groups and clinicians working with sexual health concerns
- Hosted meet-and-greet events for information and networking for strengthening sex therapy practices for local clinicians
- Provided mentoring and consultation on leading intuitive process-painting

Writing Fellowship

Writing Fellow, 2003-2004

Head Writing Fellow, 2004-2006

Naropa University, Boulder CO

- Trained in pedagogy for writing fellowship program, with a focus on collaborative education
- Taught classes in writing process
- Co-taught undergraduate creative writing courses with university faculty
- Provided tutoring and feedback for graduate and undergraduate students - academic papers, master's level theses, and creative works
- Supervised Writing Center Fellows

Educational Awards

Member, Honor Society Phi Kappa Phi, Oregon State University, 2016-2017

Honors Scholarship, Naropa University, Boulder CO, 2005-2006

Honors Scholarship, Naropa University, Boulder CO, 2004-2005

Berkshire Leadership Program, 2000

Herz Award for Highest Scholarship, University of Nevada, Reno, 1991

Simon and Grace Gorostordoy Memorial Scholarship, University of Nevada, Reno, 1990

High School Principal Scholarship, University of Nevada, Reno, 1989-1992

High School Graduation Award of Recognition in Journalism, 1989

High School Graduation Award of Recognition in Physics, 1989

Additional Related Advocacy and Volunteer Work

Designed and facilitated full-day professional track for Transgender Allies Group (TAG): First and Fifth Annual Transgender Health Conferences – including recruiting regionally renowned researchers and clinicians to present for providers in medical and mental health settings; Original research was presented in the conference by nationally known researchers.

CEUs were provided for psychologists, social workers, drug and alcohol counselors, marriage and family therapists, and clinical professional counselors; Reno, NV, 2013 and 2018.

Founded the Standards of Care Collective (SOCC) in collaboration with the transgender community; provided free training, supervision, and consultation for clinicians agreeing to provide low-cost letters for transgender and genderqueer individuals seeking medical services , 2017

Two-day Creativity Workshop using intuitive painting, Our Center, 2017

Finding Desire: Creativity Workshop for individuals struggling with low or no sexual desire, Our Center, 2017

Creativity Workshop day-long intuitive painting workshop for alternative sexualities (Kink, BDSM, Polyamorous, Open, Swing, and others), Our Center, 2017

Support group for “Coming out later in life,” Our Center (local LGBTQ Center), 2017

Support group for “Partners of lesbian, gay, transgender people,” Our Center, 2017

Creativity Workshop day-long intuitive painting workshop, Our Center, 2017

Creativity Workshop two-hour introduction to intuitive process painting, Our Center, 2016

Relational Health Series for LGBTQIAP relationships; Topics included: 1) conflict, 2) friendship and closeness, and 3) sexual and passion Our Center, 2016

Sex Addiction: Myths and Facts, Our Center, September 2016

Provided no-cost and low-cost assessments for gender concerns and WPATH Standard of Care referral letters for hormones, surgeries, and other transition steps 2007-Present

Started and maintained local referral lists with mental and medical health resources for transgender health – including recruitment of other mental health clinicians to work with transgender concerns, 2006 to present

Organized support groups and ran ongoing group for transgender family support 2012-2015; then trained and transferred leadership of transgender family group to MFT-Intern to support emerging leadership, 2015

Collaborated with TAG (Transgender Allies Group) as a founding member, 2012-present

Supported NNHOPES (local HIV-AIDS and Federally Qualified Health Clinic) supported clinicians with standards of care letters for hormone treatment and surgical intervention

Advocated with county school district for transgender kids’ needs in schools; supported local school district in forming county-wide policies for transgender students

Project ECHO, Reno NV, provider-to-provider support for rural providers on transgender health, part of a team of mental health, primary care nursing, and endocrinology practitioners delivering support via internet

Trans in Northern Nevada (TINN) guest speaker – annually or biannually as requested since 2015, Reno NV

Hosted two screenings of film *Trans* through AASECT and film director Chris Arnold, 2012

Additional Short Volunteer Presentations and Brief Trainings

Working with gay, lesbian, transgender and genderqueer couples, graduate course Couples Counseling, invited speaker, University of Nevada Reno, Instructor: Steve Nicholas, EdD, 2018

Working with LGBTQ clients in sex therapy, invited speaker, Buehler Institute, 2017-2018

Basics of Sexual Health in Counseling, invited speaker, University of Nevada Reno, Downing Clinic (internship site at the University for MFT-students), Clinic Director: Tom Harrison, PhD, 2017

Sex Therapy, graduate course Sexual Issues in Counseling, invited speaker, University of Nevada Reno, Instructor: Tom Harrison, PhD, 2017

Motivational Interviewing and DBT skills for psychosocial rehabilitation workers, invited speaker, Alliance Family Services, 2016 and 2017

- Working with lesbian couples and individuals in sex therapy, invited speaker Buehler Institute, 2016
- Transgender Family Presentation, Graduate Course on Family Interactions, invited speaker, University of Nevada Reno, Instructor: Adrienne Edwards, PhD, 2016
- Transgender Health and Family Interactions, Graduate Course on Family Interactions, invited speaker, University of Nevada Reno, Instructor: Adrienne Edwards, PhD, 2015
- Introduction to Sex Therapy, Undergraduate Course in Human Sexuality, invited speaker, Instructor Edward Ewe, MA; Oklahoma State University, 2015
- Motivational interviewing for psychosocial rehabilitation workers, invited speaker, Alliance Family Services, Reno NV, 2014
- Gottman Method Couples Therapy, Graduate Course on Couples and Family Therapy, invited speaker, University of Nevada Reno, Instructor: Jill Packman, PhD, 2014
- Transgender basics for school teachers, Washoe County School District, invited speaker, 2014
- Transgender support for clinicians working with homeless population, invited speaker, Volunteers for America (women's men's, and family homeless shelters in Reno, NV), 2014
- Emotion regulation, self-harm, and DBT coaching for school counselors, invited speaker, Washoe County School District, 2013
- Self-harm and emotion regulation for psychosocial rehabilitation workers, invited speaker, Alliance Family Services, 2013
- DBT skills coaching for psychosocial rehabilitation workers, invited speaker, Alliance Family Services, 2013
- Transgender Basics for School Counselors, invited speaker, Washoe County School District, 2013
- Safe Zone Training, University of Nevada Reno Medical School, 2013
- Transgender Health, Graduate Psychology Seminar on Integrated Care, Special Topic LGBT Issues, invited speaker, University of Nevada Reno, Instructor, Victoria Follette, PhD, 2013
- Diversity Issues in Couple and Family Therapy, Graduate Psychology Seminar on Couple and Family Therapy, invited speaker, University of Nevada Reno, Instructor: Alan E. Fruzzetti, PhD, 2013
- Motivational Interviewing in Groups, invited speaker, Graduate Course on Addiction Counseling in Community Settings; University of Nevada Reno, Instructor: Meri L. Shadley, PhD, 2011 and 2013
- Motivational Interviewing for Couples and Families, invited speaker, Graduate Course on Couples and Family Therapy; University of Nevada Reno, Instructor: Jill Packman, PhD, 2011
- Motivational Interviewing in Groups, Graduate Course on Addiction Assessment, Placement, and Treatment, invited speaker, University of Nevada Reno, Instructor: Chuck Holt, PhD, 2009
- Gottman Method Couples Therapy, invited speaker, Graduate Course on Couples and Family Therapy; University of Nevada Reno, Instructor: Jill Packman, PhD, 2007